

Laredo Nadadores Create Splash at Championships

Laredo Nadadores successfully competed at the South Texas Long Course Championships held in Corpus Christi at the CCISD Natatorium from Aug. 5th – 7th. This is an elite level championship meet for the qualified USA swimming age group swimmers. The competition region spans areas of Austin, San Antonio, Corpus Christi and all of South Texas. Over 350 swimmers qualified to swim in this meet.

Ayeesha Mohammed, age 13, won four medals and scored 119 points for the team. She won her fifth consecutive gold medal of these championships in 100 Meter Butterfly with a time of 1:09.88 and remains unbeaten in this event in the last five championships. She also won the gold medal in 200 meter butterfly (2:36.56) and qualified for the State Meet in the process. She won silver and bronze medals in 200 meter individual medley (2:38.84) and 200 meter backstroke (2:39.62). She placed fourth in 400 meter Individual medley (5:38.86), fifth in 100 meter backstroke (1:15.37), seventh in 400 meter freestyle (5:01.79) and twelfth in 100 meter freestyle (1:07.14).

Korina Contreras, age 13, and Aneesha Mohammed age 11, competed at the South Texas “BB” championship swim meet held in Brownsville, TX. Korina won the gold medal in an exciting 400 meter freestyle (5:18.98) race. She had to dig deeper and ignore the onset of fatigue to come out on top. She also won bronze in 200 meter freestyle (2:32.66), bronze in 200 meter individual medley (2:52.06), and a fifth place finish in 400 meter individual medley (6:09.83).

Aneesha won the gold medal in 400 meter freestyle (5:27.90) which has been her best event at these championships for last three years. She held an even stroke tempo and speed throughout the race to win and garner the qualifying time to swim at the elite Level. She also won bronze in 100 meter freestyle (1:13.05), 5th in 200 meter freestyle (2:36.09) and 7th in 200 meter individual medley (3:04.01).

This concludes a successful long course season for the Laredo Nadadores. The short course season starts in September. The team practices at the inner-city pool.

Photo: Left to right - Ayeesha, Aneesha and Korina.